### THE RAILWAY EXECUTIVE BRITISH, RAILWAYS—EASTERN REGION

### NEW SIGNALLING BETWEEN BOW JUNCTION AND STRATFORD WESTERN JUNCTION

The instructions contained in this Circular must be carefully read and observed by all concerned

A. R. DUNBAR

Divisional Operating Superintendent (Eastern)
(DI/Elec. Pad)

### SIGNALLING RECORD SOCIETY

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### THE RAILWAY EXECUTIVE BRITISH RAILWAYS — EASTERN REGION

### NEW SIGNALLING BETWEEN BOW JUNCTION AND STRATFORD WESTERN JUNCTION

On a date to be notified in the Permanent Way Programme, Signalling alterations will be carried out as follows:—

The undermentioned signal boxes will be dispensed with:-

Bridge Box.

Bow Junction Box.

A new signal box to be known as BOW JUNCTION BOX will be brought into use, situated in the angle formed by the Down Fenchurch and Up Through lines, 170 yards west of the existing Bow Junction Box.

The points at present worked from the existing Bridge and Bow Junction boxes will be coupled to and worked from the new signal box.

The existing semaphore and disc signals at present worked from these boxes will be dispensed with. New controlled and automatic colour light signals will be brought into use to connect with the existing colour light signalling between Mile End and Bow Junction in accordance with the attached diagrams which show the whole of the new and altered signalling and should be referred to in connection with the various items in this notice.

The colour light signals at present applying as Bridge Box Up Through, Up Local and Up Cambridge Home signals will in future apply as Bow Junction Up Outer Home signals, and will also be controlled from Stratford Western as Up Starting signals. The respective semaphore Distant signals will remain unaltered in form.

The colour light signals at present applying as Bridge Box Down Cambridge and Down Through Home signals will in future apply as Bow Junction Down Starting signals and will also be controlled from Stratford Western as Down Outer Home signals.

The colour light signal at present applying as Bridge Box Down Local Home signal will in future apply as Stratford Western Down Local Outer Home signal.

The Carriage Lines between Bow Junction and Stratford Western at present worked in both directions will, until further notice, each be used for trains in one direction only; Carriage Line 'A' for Down trains and Carriage Line 'B' for Up trains.

### **GENERAL**

### Track Circuiting

Continuous track circuiting will be provided on all running lines from the existing track circuiting at Mile End to Stratford Western Down Inner Home signals.

Lock and Block working will be dispensed with in this area.

### Telephones

Telephones will be provided at all colour light signals fitted with "D" signs or automatic plates. Drivers brought to a stand at these signals must communicate with the Signalman in accordance with Rule 55.

### COLOUR LIGHT SIGNALS

### Running Signals

The colour light signals will be replaced to Red as soon as the engine passes them.

All colour light signals have an enamelled plate bearing reference letters and numerals to identify each signal and a full description of each is given in the list of signals included in this notice.

Controlled colour light signals bear the following letters indicating from which box they are worked:-

B Bow Junction

SW Stratford Western

Automatic colour light signals bear the following letters indicating the line to which they apply:--

DE Down Through

UE Up Through

DM Down Local

UM Up Local

Drivers and others having to refer to any of the signals must always quote the letters and number.

The aspects and meanings of the colour light signals are as shown below:—

2-aspect Signal	3-aspect Signal	4-aspect Signal	Meaning ;
Red	Red	Red	Stop
Single Yellow	Single Yellow	Single Yellow	Proceed — be prepared to stop at next signal
		Double Yellow	Proceed — be prepared to pass next signal at restricted speed
	Green	Green	Proceed

Braking distance is provided from the first signal exhibiting a Double Yellow aspect to the signal in advance which is showing a Red aspect at that time. A Single Yellow aspect will always be exhibited at the signal next in rear of the signal showing Red, but in some cases there may be one or more signals displaying a Double Yellow aspect in rear of the signal showing the Single Yellow aspect. Explanatory diagrams of the signal aspect sequence for the Up and Down directions are attached to this notice.

### Miniature Signals

These signals (with the exception of B I, B 5, B 8 and B I2) are associated with colour light running signals and lead to "No-block" Lines and Reception Lines. No normal aspect is shewn and the Off indication is a small Yellow light which authorizes a movement as far as the line is clear towards the next signal only.

### SUBSIDIARY SIGNALS

All subsidiary signals, whether ground shunt signals or fixed below running signals, are of the floodlit disc type. They exhibit the same indications by day and night, and do not show a red, yellow or green light. The OFF indication may be exhibited with a junction indicator or a route indication.

The OFF indication of a subsidiary signal authorizes a movement as far as the line is clear towards the next signal only, but the turning off of a subsidiary signal does NOT authorize the next signal ahead to be passed at Danger.

Ground shunt signals have an enamelled plate bearing reference letters and a number for identification purposes.

In making set-back movements on running lines it is essential that all the vehicles should pass beyond the signal applicable for the set-back movement to ensure that the controlling track circuit is clear. IF THE CONTROLLING TRACK CIRCUITS ARE NOT CLEARED, THE SIGNALMAN IS NOT ABLE TO CHANGE THE POSITION OF THE POINTS CONCERNED.

### JUNCTION INDICATORS AND ROUTE INDICATORS

Certain signals are provided with junction indicators or route indicators, and some signals with both junction and route indicators. Under no circumstances must a movement be made when the junction indicator or a route indication is showing unless the colour light or subsidiary signal concerned is OFF.

# BOW JUNCTION — STRATFORD WESTERN JUNCTION

### DESCRIPTION OF SIGNALS

The abbreviations used in the following list are as under:—

R ... ... ... Red Y ... ... ... Yellow Y/Y ... ... ... Double Yellow G ... ... Green At signals shewn to be fitted with a "D" sign a telephone is provided communicating with either Bow Junction or Stratford Western signal box according to the signal concerned.

At automatic signals a telephone is provided communicating with the next signal box ahead.

The junction indicators apply as set out in Rule 35 (e).

## RUNNING SIGNALS. DOWN THROUGH LINE

Signal No. and Description	Type of Signal	Aspect to Drivers	Application
B16	4-aspect with two left-hand and one right- hand Junction Indicators	Y without Junction Indicator G without Junction Indicator	To Down Through. B22/SWI at R To Down Through. B22/SWI at G
		Y with lower left-hand Junction Indicator G with lower left-hand Junction Indicator	To Down Cambridge. B4/SW26 at R To Down Cambridge. B4/SW26 at Y/Y or G
	rgic C	Y with upper left-hand Junction Indicator	To Down Local. Stratford Western Down Local Outer
		G with upper left-hand Junction Indicator	To Down Local. Stratford Western Down Local Outer
	1	Right-hand Junction Indicator not in use at this stage	Home SW/4 at 1/1 or G
		Y/Y aspect not displayed at this stage	
B22/SWI	3-aspect and Subsidiary Disc	: : : : : : : : : : : : : : : : : : : :	To Down Through. Stratford Western Down Through
Starter and Stratford West-			To Down Through. Stratford Western Down Through Home and Starter Off
Home	D Sign	Disc off	Shunt Ahead Down Through

### RUNNING SIGNALS. DOWN LOCAL LINE

Signal No. and	Type of Signal	Aspect to Drivers	Application
Description			
B2	4-aspect with left-hand and right-hand	Y without Junction Indicator	To Down Local. Stratford Western Down Local Outer
	JUNCTION INDICATORS	G without Junction Indicator	<u> </u>
	D Sign	Y with left-hand Junction Indicator G with left-hand Junction Indicator	To Down Cambridge. B4/SW26 at R To Down Cambridge. B4/SW26 at Y/Y or G
		Y with right-hand Junction Indicator G with right-hand Junction Indicator	To Down Through. B22/SWI at R To Down Through. B22/SWI at G
		Y/Y aspect not displayed at this stage	
SW14 Stratford Western Down	4-aspect		To Down Local.
Local Outer Home			To Down Local. Stratford Western Down Local Home
	D Sign	:: :: :: :: :: :: :: :: :: :: :: :: ::	To Down Local. Stratford Western Down Local Home Off and Stratford Central Down Local Distant Off
	RUNNING SIGNALS.	INALS. DOWN CAMBRIDGE LINE	
B4/5W26	4-aspect with Miniature and 2-way Route	: : : : : : : : : : : : : : : : : : : :	To Down Cambridge. Stratford Western Down
Sow Junction Down Cambridge Starter and Strat- ford Western Down		٣/٢ ٠٠٠ ٠٠٠ ٠٠٠ ٠٠٠ ٠٠٠	To Down Cambridge. Stratford Western Down Cambridge Home Off
Cambridge Outer Home	Č		To Down Cambridge. Stratford Western Down Cambridge Home Off and Stratford Central Down
	5.0°	Miniature Y with Indication A Miniature Y with Indication B	Camoridge Distant Off To Carriage Line "A" To Carriage Line "B"

# RUNNING SIGNALS. DOWN FENCHURCH LINE

Signal No. and Description	Type of Signal	Aspect to Drivers	Application
B18	3-aspect	: :: :: :: :: :: :: :: :: ::	To Down Fenchurch B20 at R To Down Fenchurch B20 at Y or G
B20	3-aspect with two left-hand and one right-hand Junction Indicators	Y without Junction Indicator G without Junction Indicator	To Down Through. B22/SW! at R To Down Through. B22/SW! at G
		Y with lower left-hand Junction Indicator G with lower left-hand Junction Indicator	To Down Cambridge. B4/SW26 at R To Down Cambridge. B4/SW26 at Y/Y or G
		Y with upper left-hand Junction Indicator G with upper left-hand Junction Indicator	To Down Local. SWI4 at R To Down Local. SWI4 at Y/Y or G
		Right-hand Junction Indicator not in use at this stage	
	RUNNING SIGNALS.	IGNALS. UP THROUGH LINE	
Distant for B19/SW132	Semaphore Distant under Stratford Western Up Through Home	:: :: :: :: :: :: :: :: :: :: :: :: ::	To Up Through. B19/SW132 at R

Distant for B19/SW132	Semaphore Distant under Stratford Western Up Through Home	.: :: 0 0	: :	: :	: :	: :	: :	To Up Through. B19/SW132 at R To Up Through. B19/SW132 at Y, Y/Y or G
B19/SW132 Stratford Western Up Through Starter and Bow Junction Up Through Home	4-aspect	X/X	111	111	: : :	111	1 1 1	To Up Through. B21 at R To Up Through. B21 at Y To Up Through. B21 at Y/Y or G

RUNNING SIGNALS. UP THROUGH LINE—continued

Signal No. and Description	Type of Signal	Aspect to Drivers	Application
821	4-aspect with left-hand and right-hand Junction Indicators  D Sign	Y without Junction Indicator  Y/Y without Junction Indicator  G without Junction Indicator  Y with left-hand Junction Indicator  Y/Y with left-hand Junction Indicator  Y with right-hand Junction Indicator  Y/Y with right-hand Junction Indicator  Y/Y with right-hand Junction Indicator  C with right-hand Junction Indicator	To Up Through. UE3 at R To Up Through. UE3 at Y To Up Through. UE3 at Y/Y or G To Up Fenchurch. U4 at R To Up Fenchurch. U4 at Y To Up Fenchurch. U4 at G To Up Local. UM3 at R To Up Local. UM3 at Y To Up Local. UM3 at Y
UE3 Automatic	4-aspect	Υ	To Up Through. UE3B at R To Up Through. UE3B at Y To Up Through. UE3B at Y/Y or G
	RUNNING SIGN	SIGNALS. UP LOCAL LINE	
Stratford Western Up Local Distant	Semaphore Distant under Stratford Eastern Up Local Home	On Off	To Up Local. Stratford Central Up Local Home On To Up Local. Stratford Central Up Local Home Off and Stratford Western Up Local Home Off, and B15 at Y, Y/Y or G
Distant for B17	Semaphore Distant under Stratford Western Up Local Home	On	To Up Local. BI5 at R To Up Local. BI5 at Y, Y/Y or G
B15/SW126 Stratford Western Up Local Starter and Bow Junction Up Local Home	4-aspect	γ'γ'	To Up Local. BI7 at R To Up Local. BI7 at Y To Up Local. BI7 at Y/Y or G

## RUNNING SIGNALS. UP LOCAL LINE—continued

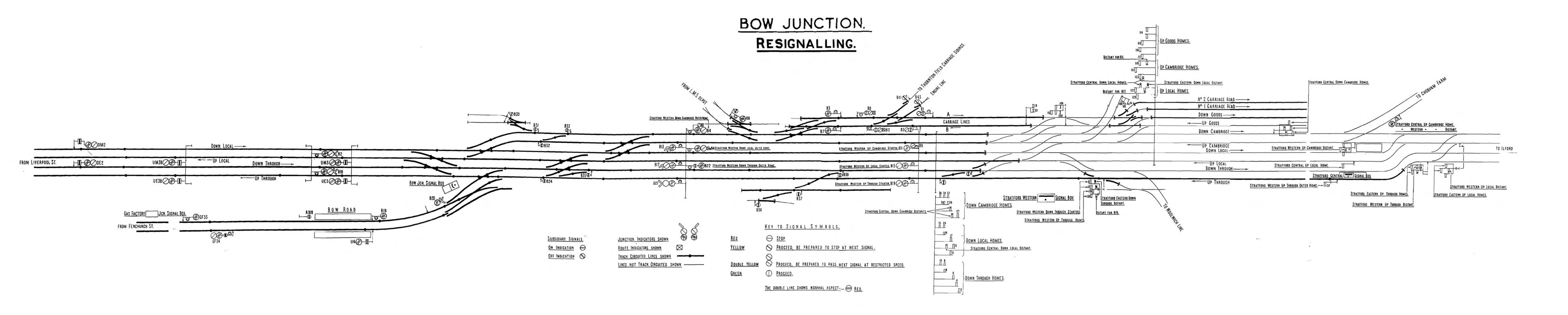
B17 4-:		Aspect to Drivers	
	4-aspect with two left-hand Junction Indicators	Y without Junction Indicator Y/Y without Junction Indicator G without Junction Indicator	To Up Local. UM3 at R To Up Local. UM3 at Y To Up Local. UM3 at Y/Y or G
		Y with upper left-hand Junction Indicator Y/Y with upper left-hand Junction Indicator G with upper left-hand Junction Indicator	To Up Through. UE3 at R To Up Through. UE3 at Y To Up Through. UE3 at Y/Y or G
	n sign	Y with lower left-hand Junction Indicator Y/Y with lower left-hand Junction Indicator G with lower left-hand Junction Indicator	To Up Fenchurch. U4 at R To Up Fenchurch. U4 at Y To Up Fenchurch. U4 at G
UM3 4-a	4-aspect	γ	To Up Local. UM3B at R To Up Local. UM3B at Y To Up Local. UM3B at Y/Y or G
-	RUNNING	SIGNALS. UP CAMBRIDGE LINE	
Distant for B9/11/SW101 Ser	Semaphore Distant under Stratford Western Up Cambridge Home	O	To Up Cambridge. B9/11/SW101 at R To Up Cambridge. B9/11/SW101 at Y or G
Stratford Western Up Cambridge Starter Bow Junction Up Cambridge Home	3-aspect with Miniature D Sign	Y	To Up Cambridge. Bl3 at R To Up Cambridge. Bl3 at Y or G To L.M.R. Depot
B13 3-a	3-aspect with three left-hand Junction Indicators	Y without Junction Indicator G without Junction Indicator	To Up Local via Up Cambridge. UM3 at R To Up Local via Up Cambridge. UM3 at Y, Y/Y or G
	D Sign	Y with upper left-hand Junction Indicator G with upper left-hand Junction Indicator	To Up Local. UM3 at R. To Up Local. UM3 at Y, Y/Y or G
		Y with centre left-hand Junction Indicator G with centre left-hand Junction Indicator	To Up Through. UE3 at R To Up Through. UE3 at Y, Y/Y or G
		Y with lower left-hand Junction Indicator G with lower left-hand Junction Indicator	To Up Fenchurch. U4 at R To Up Fenchurch. U4 at Y or G

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Signal No. and			
ביברו ולהוסוו	Type of Signal	Aspect to Drivers	Application
U4 Automatic	3-aspect		To Up Fenchurch. GF24 at R To Up Fenchurch. GF24 at Y, Y/Y or G
	RUNNING SIGNALS.	CARRIAGE LINE "A" DOWN	DIRECTION
B8	2-aspect Miniature with 2-way Route	Y with indication S	To Thornton Fields Carriage Sidings
	D Sign	Y with indication A	To Carriage Line "A", clear or occupied
BI	2-aspect Miniature	UP DIRECTION Y aspect not displayed at this stage. Signal will be illuminated and display R only	
B3	3-aspect D Sign	   	To Up Cambridge. B13 at R To Up Cambridge. B13 at Y or G
	RUNNING SIGNALS.	S. CARRIAGE LINE "B" UP DIRECTION	ZO
B5	2-aspect Miniature D. Sign		To Carriage Line "B". B7 at R, Y, or G
87	3-aspect D Sign		To Up Cambridge. Bl3 at R To Up Cambridge. Bl3 at Y or G
812	2-aspect Miniature with 4-way Route Indicator D Sign	Y with Indication S Y with Indication E Y with Indication E	To Thornton Fields Carriage Sidings To Thornton Fields Engine line, clear or occupied To Carriage Line "A", clear or occupied
B6	3-aspect and Disc	L.M.R. DEPOT	To Down Cambridge. Stratford Western Down Home
	D Sign	:: :: :: ::	On To Down Cambridge. Stratford Western Down Home Off and Stratford Central Down Cambridge Distant
		Disc OFF	To Spur

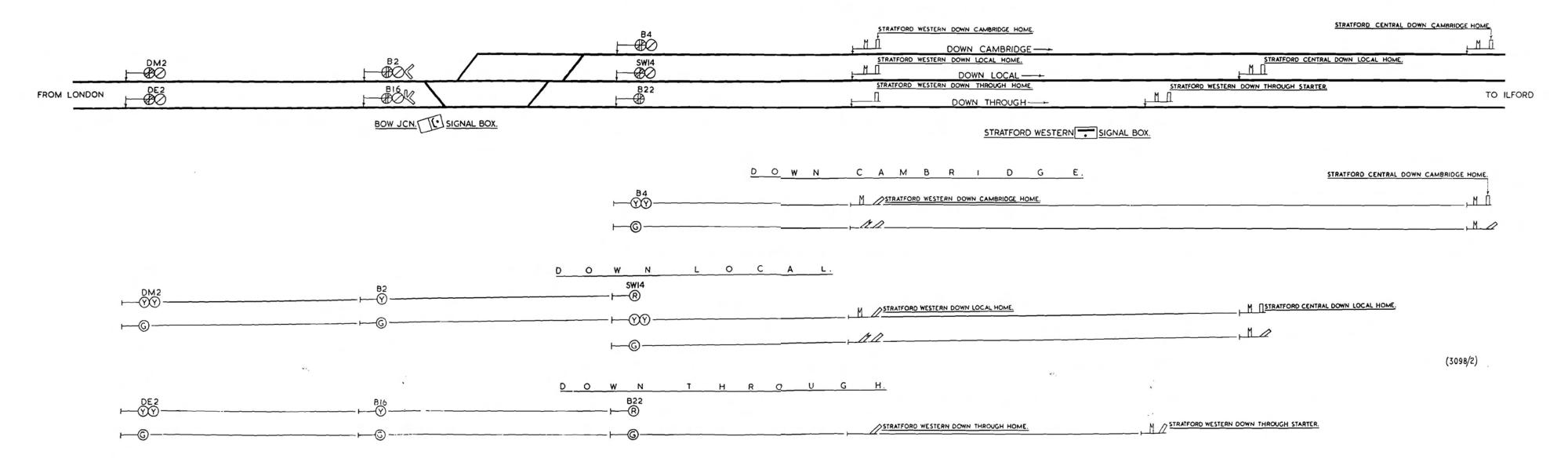
### **GROUND SHUNT SIGNALS**

Sh	unt Signal	No.	Applicable	from	2	Applicable to
	В30		Bryant & May's Siding			 Down Cambridge
	В31		Down Cambridge			 Set back to Bryant & May's Siding
	В32		Up Cambridge			 Set back to Down Cambridge
	В33		Down Cambridge			 Set back to Bryant & May's Siding or Up Cambridge
	B34		Up Through			 Set back to Down Through
	B35		Down Through			 Set back to Up Through or Up Fenchurch
	В36		Cook's Siding			 Down Through
	В37		Shunt Spur			 Cook's Siding
	В39		Down Through			 Set back to Cook's Siding
	B41		Thornton Fields Carria	ige Sidi	ngs	 Carriage Line "A" or Carriage Line "B"
	B43		Thornton Fields Engin	e Line	. <b></b>	 Carriage Line "B"



### BOW JUNCTION. RESIGNALLING.

### ASPECT DIAGRAMS FOR DOWN LINES.



### BOW JUNCTION. RESIGNALLING.

